



## The Joy of giving

A report of activities on Diwali by Helping Hands club, GIMSIR

Rabindranath Tagore said - "I dreamt that life was joy; I awake and saw, life was service; I acted and behold, service was joy!" Indeed that is what we at Helping Hands believe in. Starting as a part of the NSS unit, and now formed a club, we have surely come a long way. We take pride in the various social activities we were involved from October 2016 to till date.

Diwali is all about giving, sharing, and spreading happiness! On the auspicious day of Diwali, we have visited Anand Marg, an orphanage at Adarsh Nagar and shared joy, happiness and warmth. Our hearts were surely fulfilled to see a sweet smile on their faces. Students' representatives from all the batches along with a few faculty members from GIMSIR attended the activity and spent time with the kids in the orphanage and distributed sweets and fruits to all of them.

In the past, our team had conducted blanket distribution drives in the winter months, at RK beach road. The survivors of Vizag streets were gifted with warm blankets to help them fight with the chilly winter. In order to bring the joy of learning to the little ones, we organized a school kit distribution program partnered with Round Table India (a reputed NGO) for students at the ZP School in Rushikonda. We at GIMSIR, got together and donated a water cooler and ceiling fans to quench thirst and ensure a good night sleep for the children at DePaul Orphanage with the funds raised by auctioning the ladoo during Vinayaka Chaturthi celebrations. शरीरमाद्यं खलु धर्मसाधनम्, keeping this in mind, food distribution drives have been conducted at places like Shanti Ashram etc in the past. And, recently, when the COVID crisis had hit numerous families, it was heartening to see our team donating food baskets to the underprivileged.

Medicos never shirk from a challenge; they always rise to the occasion with decisive action, inspiring innovation and remarkable determination. Thanks to our faculty Members Dr C V Rao sir, Dr Jyothi Padmaja Madam, Dr. Ramana Rao Sir, Dr Raghu Yelavarthi sir, who always encouraged us and stood by us, Thanks to them for sharing their collective wisdom and nurturing empathy in us. It was only with their support and motivation that this journey had been possible.

The Future; with the zeal to carry on with various activities for social cause, the Helping Hands club of GIMSIR wants to reinforce its commitment for the betterment of the community in which we live and providing necessities, health care services and creating awareness to the people who need it the most.

By:

Dr.Nayanika Tummala  
Intern, GIMSIR  
Althean (2015 batch)



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